

## **Scriptures to Meditate on for God's Peace**

### **Genesis 1:2**

<sup>2</sup>Now the earth was formless and empty, darkness was over the surface of the deep, and the Spirit of God was hovering over the waters.

### **Genesis 45:4-7**

<sup>4</sup>Then Joseph said to his brothers, "Come close to me." When they had done so, he said, "I am your brother Joseph, the one you sold into Egypt! <sup>5</sup>And now, do not be distressed and do not be angry with yourselves for selling me here, because it was to save lives that God sent me ahead of you. <sup>6</sup>For two years now there has been famine in the land, and for the next five years there will not be plowing and reaping. <sup>7</sup>But God sent me ahead of you to preserve for you a remnant on earth and to save your lives by a great deliverance.

### **Genesis 50:20**

<sup>20</sup>You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives.

### **Deuteronomy 31:6**

<sup>6</sup>Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you nor forsake you.

### **Joshua 1:6-9**

<sup>6</sup>"Be strong and courageous, because you will lead these people to inherit the land I swore to their forefathers to give them. <sup>7</sup>Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. <sup>8</sup>Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful. <sup>9</sup>Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the LORD your God will be with you wherever you go."

### **Psalms 23:4**

<sup>4</sup>Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me.

### **Psalm 27:1**

<sup>1</sup>The LORD is my light and my salvation—whom shall I fear? The LORD is the stronghold of my life—of whom shall I be afraid?

### **Psalm 46:1-2**

<sup>1</sup>God is our refuge and strength, an ever-present help in trouble. <sup>2</sup>Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea.

### **Psalm 46:10**

<sup>10</sup>“Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.”

### **Psalm 95:1-5**

<sup>1</sup>He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. <sup>2</sup>I will say of the LORD, “He is my refuge and my fortress, my God, in whom I trust.” <sup>3</sup>Surely he will save you from the fowler’s snare and from the deadly pestilence. <sup>4</sup>He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart. <sup>5</sup>You will not fear the terror of night, nor the arrow that flies by day.

### **Isaiah 26:3-4**

<sup>3</sup>You will keep in perfect peace him whose mind is steadfast, because he trusts in you. <sup>4</sup>Trust in the LORD forever, for the LORD, the LORD, is the Rock eternal.

### **Isaiah 40:10-11**

<sup>10</sup>See, the Sovereign LORD comes with power, and his arm rules for him. See, his reward is with him, and his recompense accompanies him. <sup>11</sup>He tends his flock like a shepherd: He gathers the lambs in his arms and carries them close to his heart; he gently leads those that have young.

### **Isaiah 40:28-31**

<sup>28</sup>Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. <sup>29</sup>He gives strength to the weary and increases the power of the weak. <sup>30</sup>Even youths grow tired and weary, and young men stumble and fall; <sup>31</sup>but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.

## **Isaiah 41:10, 13**

<sup>10</sup>So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. <sup>13</sup>For I am the LORD, your God, who takes hold of your right hand and says to you, Do not fear; I will help you.

## **Isaiah 43:1-2**

<sup>1</sup>But now, this is what the LORD says—he who created you, O Jacob, he who formed you, O Israel: “Fear not, for I have redeemed you; I have summoned you by name; you are mine. <sup>2</sup>When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze.”

## **Matthew 6:9-13 (King James Version)**

<sup>9</sup>After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name. <sup>10</sup>Thy kingdom come, Thy will be done in earth, as it is in heaven. <sup>11</sup>Give us this day our daily bread. <sup>12</sup>And forgive us our debts, as we forgive our debtors. <sup>13</sup>And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.

## **Matthew 10:29-31**

<sup>29</sup>Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from the will of your Father. <sup>30</sup>And even the very hairs of your head are all numbered. <sup>31</sup>So don't be afraid; you are worth more than many sparrows.

## **Luke 15:20-24**

<sup>20</sup>So he got up and went to his father. “But while he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son, threw his arms around him and kissed him. <sup>21</sup>“The son said to him, ‘Father, I have sinned against heaven and against you. I am no longer worthy to be called your son.’ <sup>22</sup>“But the father said to his servants, ‘Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet. <sup>23</sup>Bring the fattened calf and kill it. Let's have a feast and celebrate. <sup>24</sup>For this son of mine was dead and is alive again; he was lost and is found.’ So they began to celebrate.

## **John 14:1**

<sup>1</sup>“Do not let your hearts be troubled. Trust in God; trust also in me.”

## **John 16:33**

<sup>33</sup>"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

## **Romans 8:14-18**

<sup>14</sup>For those who are led by the Spirit of God are the children of God. <sup>15</sup>The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, "Abba, Father." <sup>16</sup>The Spirit himself testifies with our spirit that we are God's children. <sup>17</sup>Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory. <sup>18</sup>I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.

## **Romans 8:23-28**

<sup>23</sup>Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption as sons, the redemption of our bodies. <sup>24</sup>For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what he already has? <sup>25</sup>But if we hope for what we do not yet have, we wait for it patiently. <sup>26</sup>In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us with groans that words cannot express. <sup>27</sup>And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for the saints in accordance with God's will. <sup>28</sup>And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

## **Romans 8:31-39**

<sup>31</sup>What, then, shall we say in response to this? If God is for us, who can be against us? <sup>32</sup>He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things? <sup>33</sup>Who will bring any charge against those whom God has chosen? It is God who justifies. <sup>34</sup>Who is he that condemns? Christ Jesus, who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us. <sup>35</sup>Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? <sup>36</sup>As it is written: "For your sake we face death all day long; we are considered as sheep to be slaughtered." <sup>37</sup>No, in all these things we are more than conquerors through him who loved us. <sup>38</sup>For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, <sup>39</sup>neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

## **1 Corinthians 9:24-27**

<sup>24</sup>Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. <sup>25</sup>Everyone who competes in the games goes into strict training. They do it to get a crown that will not last; but we do it to get a crown that will last forever. <sup>26</sup>Therefore I do not run like a man running aimlessly; I do not fight like a man beating the air. <sup>27</sup>No, I beat my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

## **1 Corinthians 15:20-23**

<sup>20</sup>But Christ has indeed been raised from the dead, the firstfruits of those who have fallen asleep. <sup>21</sup>For since death came through a man, the resurrection of the dead comes also through a man. <sup>22</sup>For as in Adam all die, so in Christ all will be made alive. <sup>23</sup>But each in his own turn: Christ, the firstfruits; then, when he comes, those who belong to him.

## **2 Corinthians 1:3-4**

<sup>3</sup>Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, <sup>4</sup>who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God.

## **Galatians 2:20**

<sup>20</sup>I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

## **Ephesians 1:18-20**

<sup>18</sup>I pray also that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in the saints, <sup>19</sup>and his incomparably great power for us who believe. That power is like the working of his mighty strength, <sup>20</sup>which he exerted in Christ when he raised him from the dead and seated him at his right hand in the heavenly realms.

## **Ephesians 3:16-21**

<sup>16</sup>I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, <sup>17</sup>so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, <sup>18</sup>may have power, together with all the saints, to grasp how wide and long and high and deep is the love of Christ, <sup>19</sup>and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. <sup>20</sup>Now to him who is able to do

immeasurably more than all we ask or imagine, according to his power that is at work within us, <sup>21</sup>to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

### **Ephesians 6:10-18**

<sup>10</sup>Finally, be strong in the Lord and in his mighty power. <sup>11</sup>Put on the full armor of God so that you can take your stand against the devil's schemes. <sup>12</sup>For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. <sup>13</sup>Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. <sup>14</sup>Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, <sup>15</sup>and with your feet fitted with the readiness that comes from the gospel of peace. <sup>16</sup>In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. <sup>17</sup>Take the helmet of salvation and the sword of the Spirit, which is the word of God. <sup>18</sup>And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.

### **Philippians 1:20-24**

<sup>20</sup>I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death. <sup>21</sup>For to me, to live is Christ and to die is gain. <sup>22</sup>If I am to go on living in the body, this will mean fruitful labor for me. Yet what shall I choose? I do not know! <sup>23</sup>I am torn between the two: I desire to depart and be with Christ, which is better by far; <sup>24</sup>but it is more necessary for you that I remain in the body.

### **Philippians 3:7-14**

<sup>7</sup>But whatever was to my profit I now consider loss for the sake of Christ. <sup>8</sup>What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have lost all things. I consider them rubbish, that I may gain Christ <sup>9</sup>and be found in him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God and is by faith. <sup>10</sup>I want to know Christ and the power of his resurrection and the fellowship of sharing in his sufferings, becoming like him in his death, <sup>11</sup>and so, somehow, to attain to the resurrection from the dead. <sup>12</sup>Not that I have already obtained all this, or have already been made perfect, but I press on to take hold of that for which Christ Jesus took hold of me. <sup>13</sup>Brothers, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, <sup>14</sup>I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

## **Philippians 4:6-8**

<sup>6</sup>Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup>And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. <sup>8</sup>Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

## **Colossians 1:29**

<sup>29</sup>To this end I labor, struggling with all his energy, which so powerfully works in me.

## **2 Timothy 1:6-7**

<sup>6</sup>For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands. <sup>7</sup>For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline.

## **Hebrews 2:14-18**

<sup>14</sup>Since the children have flesh and blood, he too shared in their humanity so that by his death he might destroy him who holds the power of death—that is, the devil—<sup>15</sup>and free those who all their lives were held in slavery by their fear of death. <sup>16</sup>For surely it is not angels he helps, but Abraham's descendants. <sup>17</sup>For this reason he had to be made like his brothers in every way, in order that he might become a merciful and faithful high priest in service to God, and that he might make atonement for the sins of the people. <sup>18</sup>Because he himself suffered when he was tempted, he is able to help those who are being tempted.

## **Hebrews 4:14-16**

<sup>14</sup>Therefore, since we have a great high priest who has gone through the heavens, Jesus the Son of God, let us hold firmly to the faith we profess. <sup>15</sup>For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet was without sin. <sup>16</sup>Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

## **Hebrews 10:19-23**

<sup>19</sup>Therefore, brothers, since we have confidence to enter the Most Holy Place by the blood of Jesus, <sup>20</sup>by a new and living way opened for us through the curtain, that is, his body, <sup>21</sup>and since we have a great priest over the house of God, <sup>22</sup>let us draw near to God with a sincere heart in full assurance of faith, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with

pure water. <sup>23</sup>Let us hold unswervingly to the hope we profess, for he who promised is faithful.

### **Hebrews 11:24-27**

<sup>24</sup>By faith Moses, when he had grown up, refused to be known as the son of Pharaoh's daughter. <sup>25</sup>He chose to be mistreated along with the people of God rather than to enjoy the pleasures of sin for a short time. <sup>26</sup>He regarded disgrace for the sake of Christ as of greater value than the treasures of Egypt, because he was looking ahead to his reward. <sup>27</sup>By faith he left Egypt, not fearing the king's anger; he persevered because he saw him who is invisible.

### **Hebrews 12:1-3**

<sup>1</sup>Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. <sup>2</sup>Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God. <sup>3</sup>Consider him who endured such opposition from sinful men, so that you will not grow weary and lose heart.

### **Hebrews 13:5-6**

<sup>5</sup>God has said, "Never will I leave you; never will I forsake you." <sup>6</sup>So we say with confidence, "The Lord is my helper; I will not be afraid. What can man do to me?"

### **1 Peter 5:5-10**

<sup>5</sup>"God opposes the proud but gives grace to the humble." <sup>6</sup>Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. <sup>7</sup>Cast all your anxiety on him because he cares for you. <sup>8</sup>Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. <sup>9</sup>Resist him, standing firm in the faith, because you know that your brothers throughout the world are undergoing the same kind of sufferings. <sup>10</sup>And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast.

### **1 John 4:16-18**

<sup>16</sup>And so we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in him. <sup>17</sup>In this way, love is made complete among us so that we will have confidence on the day of judgment, because in this world we are like him. <sup>18</sup>There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.

## **Revelation 7:16-17**

<sup>16</sup>Never again will they hunger; never again will they thirst. The sun will not beat upon them, nor any scorching heat. <sup>17</sup>For the Lamb at the center of the throne will be their shepherd; he will lead them to springs of living water. And God will wipe away every tear from their eyes."

## **Revelation 21:1-7**

<sup>1</sup>Then I saw a new heaven and a new earth, for the first heaven and the first earth had passed away, and there was no longer any sea. <sup>2</sup>I saw the Holy City, the new Jerusalem, coming down out of heaven from God, prepared as a bride beautifully dressed for her husband. <sup>3</sup>And I heard a loud voice from the throne saying, "Now the dwelling of God is with men, and he will live with them. They will be his people, and God himself will be with them and be their God. <sup>4</sup>He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away." <sup>5</sup>He who was seated on the throne said, "I am making everything new!" Then he said, "Write this down, for these words are trustworthy and true." <sup>6</sup>He said to me: "It is done. I am the Alpha and the Omega, the Beginning and the End. To him who is thirsty I will give to drink without cost from the spring of the water of life. <sup>7</sup>He who overcomes will inherit all this, and I will be his God and he will be my son.